

Swedish Step

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Step knee r/l	(1-8)	
Step mambo	(1-3)	
Jump on board	(4)	
Knee in	(5)	
Jump around	(7-8)	
Mambo in front r	(1-2)	
Mambo on board r	(3-4)	
March and look l	(5-8)	
Step kick l	(1-4)	
Step hold	(5-6)	
Look fwd	(7-8)	
V-step	(1-2)	
Twist and straddle	(3-4)	
Tap r	(5-6)	
Mambo behind r	(7-8)	
Step knee turn l	(1-2)	
Step tap reach fwd r	(3-4)	
Step knee back l	(5-8)	
March to the side	(1-2)	
Kick ball change r/l	(3-8)	
Tap r/l	(1-4)	
Tap tempo r/l	(5-8)	
I-step r	(1-4)	
Turn over the step	(5-6)	
Mambo ob the side r	(7-8)	
March back	(1-2)	
Mambo r	(3-4)	
Chassé l	(5-6)	
Step kick l	(1-4)	
Straddle/square march	(5-8)	
Step kick r	(1-4)	
Chassé l	(5-8)	

How to “use” this Choreography:

1. Inspire yourself through all your senses
2. Be an original and make it your own